



## Guide to exporting an OMF & AAF

### Adobe Premier

Only export OMF from Adobe Premier as AAF's can be problematic and it sometimes tries to export the video as well.

- 1) File ==> Export ==> OMF
- 2) Setting:
  - Name OMF
  - Sample rate should be **48k**
  - Bit depth should be set to original depth, which is usually **16 or 24 bit**
  - Files should be set to **Separate Audio**
  - Format: Keep format same as original audio, if in doubt **Broadcast WAV** is best
  - Render: **Trim audio files**
  - Handle Frames: **100**
  - Included Pan: **Yes**
- 3) Create a folder to export OMF too
- 4) Once exported in the folder created you should see an OMF file, txt files with export details and an audio folder with all audio files in.
- 5) Zip up the complete folder to avoid anything being lost or corrupted in the transfer to us.

### Avid Media Composer

- 1) File ==> Export ==> AAF
- 2) In AAF dialogue box:
  - De-select 'Include all video/data tracks in sequence'
  - Change Export Method to 'Consolidate Media'
  - Specify handle length of 100 frames(4 seconds for 25fps projects)
  - Select 'Convert Audio Sample Rate' and set to 48k
  - Keep the rest of the setting to 'Project'
- 3) Export AAF
- 4) Zip up folder and upload to us

### Exporting a Quicktime

When exporting a Quicktime reference files settings should be:

720p resolution  
H.264 codec or Avid DNxHD

**If you have any question give us a call on +44 01273 201122 or email [info@brownbearaudio.co.uk](mailto:info@brownbearaudio.co.uk)**